Stigma Words into Accurate Language - Shared Pattern Map

You may write, draw, think quietly, use fiction, observe, or pass. Share only what you choose. This educational activity is not a test.

Fictional example: A fictional person is described only by a past substance-use pattern.

1. What is known in the fictional example, and what needs checking?

2. Rewrite stigmatizing statements as descriptions that retain accountability and dignity. My notes, drawing, or possible response:

3. What information is lost in the label?

4. One optional next step, support, or reason to revise the idea:

You can pause or stop. Ask your facilitator for an alternative if this does not fit. No identifying information belongs in shared copies. Independent clinical review pending.