A Long-Term Support Review - Shared Pattern Map

You may write, draw, think quietly, use fiction, observe, or pass. Share only what you choose. This educational activity is not a test.

Fictional example: A member wants to understand what support remains available.

1. What is known in the fictional example, and what needs checking?

2. Review useful care and community connections while preserving the right to seek more help later. My notes, drawing, or possible response:

3. How can support stay accessible without becoming a fixed identity?

4. One optional next step, support, or reason to revise the idea:

You can pause or stop. Ask your facilitator for an alternative if this does not fit. No identifying information belongs in shared copies. Independent clinical review pending.