IMR Group: My Treatment Preferences - Cooperative Planning Workshop

You may write, draw, think quietly, use fiction, observe, or pass. Share only what you choose. This educational activity is not a test.

Fictional example: Casey wants treatment that fits work hours and cultural preferences.

1. What is known in the fictional example, and what needs checking?

2. List desired benefits, concerns, preferences, and practical barriers to discuss with the care team. My notes, drawing, or possible response:

3. What tradeoff or concern needs a clearer conversation?

4. One optional next step, support, or reason to revise the idea:

You can pause or stop. Ask your facilitator for an alternative if this does not fit. No identifying information belongs in shared copies. Independent clinical review pending.