House Group: My House My Meaning - Supported Practice Lab

You may write, draw, think quietly, use fiction, observe, or pass. Share only what you choose. This educational activity is not a test.

Fictional example: Riley prefers a community courtyard to a detached house.

1. What is known in the fictional example, and what needs checking?

2. Choose a house, apartment, garden, or other personally meaningful structure and assign your own meanings to its spaces. My notes, drawing, or possible response:

3. What metaphor fits your experience without assuming everyone has safe housing?

4. One optional next step, support, or reason to revise the idea:

You can pause or stop. Ask your facilitator for an alternative if this does not fit. No identifying information belongs in shared copies. Independent clinical review pending.