House Group: Foundation of Supports - Shared Pattern Map

You may write, draw, think quietly, use fiction, observe, or pass. Share only what you choose. This educational activity is not a test.

Fictional example: Riley has a trusted friend but limited access to quiet space.

1. What is known in the fictional example, and what needs checking?

2. List reliable supports and access gaps under an imagined structure, distinguishing available help from hoped-for help. My notes, drawing, or possible response:

3. Which support is solid, and which needs strengthening?

4. One optional next step, support, or reason to revise the idea:

You can pause or stop. Ask your facilitator for an alternative if this does not fit. No identifying information belongs in shared copies. Independent clinical review pending.