House Group: Walls of Boundaries - Supported Practice Lab

You may write, draw, think quietly, use fiction, observe, or pass. Share only what you choose. This educational activity is not a test.

Fictional example: Riley wants privacy around messages while remaining connected to friends.

1. What is known in the fictional example, and what needs checking?

2. Identify one useful boundary, one flexible opening, and a situation where safety needs outside support. My notes, drawing, or possible response:

3. What should this boundary protect, and how can it remain realistic?

4. One optional next step, support, or reason to revise the idea:

You can pause or stop. Ask your facilitator for an alternative if this does not fit. No identifying information belongs in shared copies. Independent clinical review pending.