Tiny Task Entry Points

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A desk has become difficult to organize.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Break an overwhelming ordinary task into a first action lasting two minutes.

3. What is the smallest visible beginning?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.