Permission to Ask Again

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A person receives several unfamiliar directions.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Practice asking for clarification when anxiety or complexity makes instructions hard to follow.

3. What question would make the next step clearer?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.