Feedback With an Example

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A teammate interrupts during planning.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Describe a specific behavior, its impact, and a possible adjustment.

3. Which part is an observation rather than a label?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.