Boundary Map Across Roles

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A person notices different expectations in different roles.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Compare comfortable limits in friendship, work, family, and online spaces.

3. Which difference deserves an explicit conversation?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.