Listening for Preferences

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A group member wants instructions in a different format.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Practice asking how someone prefers to receive information or support.

3. What adjustment could make participation easier?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.