Metaphor Postcards

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A person describes a busy week as a crowded station.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Make a postcard using a personally chosen metaphor for an ordinary challenge.

3. What does the metaphor make visible?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.