Sensory Preference Poll

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A busy room affects people differently.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Compare optional sensory preferences without treating one preference as a universal solution.

3. Which adjustment would you request?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.