Chosen and Extended Supports

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A character's support network extends beyond relatives.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Include chosen family, kin, community, and professional supports without assuming a household structure.

3. Who belongs on their map?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.