Listening Turn Tokens

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A family planning conversation becomes dominated by one voice.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Try optional timed listening turns with the ability to pass or stop.

3. What helped people finish their thought?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.