Co-Parenting Logistics Practice

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

Two caregivers need to coordinate pickup time.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Practice a neutral practical message about a child's schedule using a fictional cooperative situation.

3. What information is necessary and what can be left out?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.