Blended Family Expectations

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

New household members are learning routines.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Explore how relationships can develop at different paces without requiring closeness.

3. What expectation could be softened?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.