Compassionate Friend Voice

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A character forgets an appointment.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Write a believable response to an ordinary mistake as a caring peer might.

3. What makes the response kind and truthful?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.