Follow-Through Support Map

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A character starts tasks but loses track of the next step.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Identify reminders, people, and environmental supports for a chosen task.

3. What support reduces the burden of remembering?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.