Values in Conflict

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A person values family time and private rest.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Explore competing values and a flexible response that respects both where possible.

3. What choice honors enough of each value?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.