Motivation Metaphor Studio

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A character describes willingness as changing weather.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Develop a personally chosen image for changing motivation without treating it as a fixed trait.

3. What does the image suggest about flexibility?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.