Support Meeting Fit

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

Available groups have different schedules and formats.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Compare hypothetical support options by access, privacy, culture, and personal preference.

3. What would make an option a better fit?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.