Choice and Control Cards

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A group activity offers only one way to join.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Identify places where a fictional participant can choose, pause, observe, or decline.

3. What additional choice could be offered?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.