Orienting to the Room

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A character is entering an unfamiliar meeting room.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Offer optional eyes-open noticing of exits, light, and neutral objects without surprise or touch.

3. What information supports a sense of choice?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.