Supportive Predictability Plan

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

An unexpected schedule change unsettles a fictional group.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Make an agenda that explains transitions, choices, and how changes will be communicated.

3. What can be made more predictable?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.