Low-Intensity Practice Boundaries

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A group is choosing role-play scenarios.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Distinguish ordinary practice examples from material that needs private individualized support.

3. What makes an example appropriate for this group?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.