Cultural Comfort Questions

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A facilitator is planning a new group.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Ask about language, meaning, community, and preferences without assuming identity predicts need.

3. What should be asked rather than inferred?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.