Trusted Adult Map

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A young person needs help with an ordinary school problem.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Identify several possible trusted adults and how to approach them without sharing private details in group.

3. Who could be another option if the first adult is unavailable?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.