School Day Reset Plan

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A noisy lunch period makes returning to class difficult.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Choose realistic transition supports within school rules and access needs.

3. What support could be requested?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.