Feelings in Fiction

You may write, draw, think quietly, use fiction, or pass. Share only what you choose. This is an educational practice activity, not an assessment.

An optional fictional starting point

A character is not selected for a school activity.

1. Choose an ordinary or fictional example. You may keep details private.

2. Try this task: Give a fictional character several possible feelings and support choices.

3. What should others ask rather than assume?

4. One optional next step, support request, or question I want to carry forward.

You can pause or stop. Ask your facilitator for an alternative if this activity does not fit. Keep identifying details out of any shared copy.