Support after Discharge - Shared Pattern Map

You may write, draw, think quietly, use fiction, observe, or pass. Share only what you choose. This educational activity is not a test.

Fictional example: A member is returning to less structured days.

1. What is known in the fictional example, and what needs checking?

2. Design a transition map that includes personal goals, appointments, peer support, and realistic routines. My notes, drawing, or possible response:

3. Which support needs to be confirmed rather than assumed?

4. One optional next step, support, or reason to revise the idea:

You can pause or stop. Ask your facilitator for an alternative if this does not fit. No identifying information belongs in shared copies. Independent clinical review pending.