Repairing a Support Misstep - Learning Review Circle

You may write, draw, think quietly, use fiction, observe, or pass. Share only what you choose. This educational activity is not a test.

Fictional example: A supporter repeatedly checks on a member who wanted space.

1. What is known in the fictional example, and what needs checking?

2. Draft an acknowledgment after giving unwanted advice and ask how to respond differently. My notes, drawing, or possible response:

3. What can be owned without asking for reassurance?

4. One optional next step, support, or reason to revise the idea:

You can pause or stop. Ask your facilitator for an alternative if this does not fit. No identifying information belongs in shared copies. Independent clinical review pending.