Keeping Values Flexible - Supported Practice Lab

You may write, draw, think quietly, use fiction, observe, or pass. Share only what you choose. This educational activity is not a test.

Fictional example: A member's volunteer role becomes inaccessible.

1. What is known in the fictional example, and what needs checking?

2. Revise an action when its form no longer fits while retaining the chosen quality if desired. My notes, drawing, or possible response:

3. What other expression is possible?

4. One optional next step, support, or reason to revise the idea:

You can pause or stop. Ask your facilitator for an alternative if this does not fit. No identifying information belongs in shared copies. Independent clinical review pending.