Preparing for a Dismissive Response - Shared Pattern Map

You may write, draw, think quietly, use fiction, observe, or pass. Share only what you choose. This educational activity is not a test.

Fictional example: A member feels judged while seeking care.

1. What is known in the fictional example, and what needs checking?

2. Rehearse an advocacy statement and backup support route without expecting the person to confront danger. My notes, drawing, or possible response:

3. What support would make advocacy less isolating?

4. One optional next step, support, or reason to revise the idea:

You can pause or stop. Ask your facilitator for an alternative if this does not fit. No identifying information belongs in shared copies. Independent clinical review pending.