Group Agreements with Real Choice - Shared Pattern Map

You may write, draw, think quietly, use fiction, observe, or pass. Share only what you choose. This educational activity is not a test.

Fictional example: A new group wants clearer expectations.

1. What is known in the fictional example, and what needs checking?

2. Create agreements about respect, privacy limits, advice, access, and passing without promising absolute confidentiality. My notes, drawing, or possible response:

3. What should every participant be able to understand?

4. One optional next step, support, or reason to revise the idea:

You can pause or stop. Ask your facilitator for an alternative if this does not fit. No identifying information belongs in shared copies. Independent clinical review pending.