Reviewing Group Fit - Shared Pattern Map

You may write, draw, think quietly, use fiction, observe, or pass. Share only what you choose. This educational activity is not a test.

Fictional example: The group wants to improve its format.

1. What is known in the fictional example, and what needs checking?

2. Invite anonymous or fictional feedback on pacing, access, choice, and relevance without evaluating members. My notes, drawing, or possible response:

3. What should change in the group rather than in the participants?

4. One optional next step, support, or reason to revise the idea:

You can pause or stop. Ask your facilitator for an alternative if this does not fit. No identifying information belongs in shared copies. Independent clinical review pending.